



TIGER TIME



Home of the Young Tigers

Inman Elementary
712-623-6635

Nov. 22nd - Nov. 26th

900 Inman Drive
Red Oak, IA

ON THE MENU ...



Daily there will be Milk, Fruit and Vegetables

Breakfast (breakfast ends @7:55am)

When you see "OR", this means the students will have a choice on which main meal option they want.

- 11/22: Egg and Cheese Breakfast Sandwich w/Cheese Stick
- 11/23: Biscuits and Gravy or Cereal w/Yogurt
- 11/24: NO SCHOOL
- 11/25: Happy Thanksgiving!
- 11/26: NO SCHOOL

Lunch

When you see "OR", this means the students will have a choice on which main meal option they want.

- 11/22: Chicken Alfredo or Chef Salad w/ Italian Bread
- 11/23: Tacos or Chicken Bacon Ranch Salad w/Focaccia Bread
- 11/24: NO SCHOOL
- 11/25: Happy Thanksgiving
- 11/26: NO SCHOOL

Check the APP or website for any possible changes.

<https://redoakschooldistrict.nutrislice.com/menu/inman-elementary>

COMING UP.....

THANKSGIVING WEEK SCHEDULE:

- Wed 11/24 - No School
- Thurs 11/25 - No School, Happy Thanksgiving
- Fri 11/26 - No School

3rd & 4th Grade Music program,
Thursday Dec. 9th @7:00 pm
Red Oak JR/SR High School
Auditorium



NEWSLETTER: This is the last week we will print the newsletter. All future newsletters will be posted to Facebook and our school website. If you would like a copy emailed to you directly, please email Elaine at pelzere@redoakschools.org, or call 623-6625.

COMMUNITY EVENTS.....



JOIN US FOR
**NO SODA
NOVEMBER**

Kids consume enough sugary drinks each year to fill a bathtub!



On average, children are consuming more than **30 gallons** of sugary drinks every year.

That's **10 times** the recommended amount!

Most of the added sugar in our diets comes from what we drink, not what we eat!

It's time to rethink your drink! Give up soda for the month of November and take charge of your heart health!

heart.org/sugar

<https://newsroom.heart.org/news/american-academy-of-pediatrics-and-american-heart-association-endorse-suite-of-policies-to-reduce-kids-consumption-of-sugary-drinks>

Thanksgiving
FOOD DRIVE

NOVEMBER 1 - NOVEMBER 22

Please help us by donating non-perishable food items to help benefit those in need this holiday season. Items can be placed in the donation box at the Law Enforcement Center (106 W Coolbaugh St) or Montgomery County Court House (105 W Coolbaugh St)

Red Oak Police Dept
Montgomery County Sheriff's Office
Red Oak Fire Dept
Montgomery County Court House

Mont Co Courthouse



SNAPSHOTS OF THE WEEK

